



Face the conflict

By

“Support for self-help”
Training course, KEY ACTION 1,
ERASMUS +program
BANKIA – SOFIA region.

WELCOMING

Dear FRIENDS & PARTICIPANTS,

With great pleasure, our organization and I as a coordinator would like to welcome you to our training course titled “FACE THE CONFLICT” which is organized by Foundation “Suport for self-help”. The TC will take place in a cozy suburb area of Bankia from 28th of February until 7th of March 2015.

SUMMARY OF THE PROJECT



The project "Face the Conflict" aims at bringing together 36 people from 6 different countries with 36 different know-how methods to discuss the issue of conflicts and give them the opportunity to perform various hand-on group activities related to the topic of dispute solution and skills development.

Through different activities (simulations, role play, presentations), participants will make a link to different conflict situations and their possible solution, emphasizing on mediation. The training will reach the following objects:

- To promote European citizenship among youth workers, trainers and EVS coordinators/ mentors and through non-formal education to raise their European awareness,
- To improve language skills,
- To tailor analytical processes for the specific purpose of

mediation and what tools are available so that interventions such as mediation effectively contributes to conflict prevention management and resolution,

- To exchange good practice and know-how of people working with youths,
- To improve skills and knowledge of conflict management and resolution,
- To increase the capacity of youth organizations to engage with issues of global solidarity and the peaceful transformation of conflicts,
- To develop social, interpersonal and intercultural competences of participants of the training, to develop their language abilities, ICT and communication skills,
- To empower young people to productive co-operation in the field of conflict prevention, conflict management, and fostering peaceful dialogue,
- To empower learners, raise their self-esteem, encourage them to take part in lifelong learning and develop their competences continuously throughout their whole life.

TARGET GROUP

Participants with different background: youth workers, trainers and EVS coordinators/ mentors, volunteers, activists who have experience in regional and international organizations/ institutions, civil society, etc. Their needs are corresponding to the participation in further conflict resolution activities that would enable them to transform the attitudes and behavior of the broader communities, thereby facilitating an integrative resolution of the conflict and increasing the probability of a sustainable peace. In the selection of participants in this learning mobility of individuals, we will give priority to those who are interested to work on conflict analysis and/or mediation process, too.

- Are over 18 years old;
- Willing to learn & be motivated to share experiences with others after the event
- Have common knowledge of English language;

Gender balance, group diversity in terms of different social and cultural backgrounds will be taken into consideration.

It is the participant's responsibility to have a travel health insurance or European Health Card.

HOW WILL THE SELECTION BE CARRIED OUT?

Application forms will be examined by the partner – organization of each country and participants will be selected based on their commitment to work as multipliers in future projects of the organization. Gender balance, group diversity in terms of different social and cultural backgrounds will also be taken into consideration.

ACCOMMODATION, TRAVEL & FINANCES

1. Accommodation :

<http://jeravna-bankya.com/>

2. Travel & Finances:

NB! All of the financial issues will be hold by Sending Organizations. Participants will be able to get their reimbursement from their SO. Flight tickets will be also a responsibility of SO and participants from the given country.

DOCUMENTS FOR TRAVEL REIMBURSEMENT: All the above amounts refer to the total sum of travel costs spent from the moment participants leave their home to the moment they arrive at the hotel. Participants are obliged to have receipts of their expenses and invoices that were used for paying their expenses. All participants will be refunded after the event.

Country	Number of participants	Max Limit of Travel Costs per participant (100%)
Bulgaria	6	€80
Latvia	6	€75
Italy	6	€75
Lithuania	6	€75
Spain	6	€75
Romania	6	€75

PROGRAM

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	
09:30-11:00	Arrival	Getting to know each other, team-building activities	Exploring of values which underly the construction of peace by focusing on two different views	Similarities and differences among people and the way they behave in conflict situations	To become familiar with the different intervention mechanisms (Part 2)	Individual methodological approach in conflict situation	Developing social peace and cohesion: solidarity and empathy	Evaluation of the training course and drafting Youthpass	
11:30-13:00	Arrival	Getting to know each other, team-building activities	Development of understanding of the conflict that triggered initiative	Conflict management and analysis	To become familiar with the different intervention mechanisms (Part 2)	Individual methodological approach in conflict situation	Peace-building and peace-keeping	Planning follow-up. Open space for questions	
15:30-17:00	Arrival	Introduction to the topic	Exploring experience of interpersonal violence	SLOT analysis	Injustices resulting from the unequal distribution of wealth and power	Consequences of past events for present-day society	Creating a world of Unity	Departuring	
17:30-19:00	Getting to know each other	Presentation of organizations and their local context and reality (conflicts)	Understanding feelings of inclusion and exclusion; exploring controversial issues related to gender and gender roles	Identification of needs in conflict	Explore perceptions about women and man in different cultural context	Pyramide of hate - youth work as a response to violence	Introduction of European opportunities for cooperation (Erasmus Plus, EaP Youth Window, etc.)	Departuring	
19:00	Welcome evening	Intercultural evening (Part 1)	Intercultural evening (Part 2)	Intercultural evening (Part 3)	Movie night	Intercultural evening (Part 4)	Intercultural evening (Part 5)	Departuring	

CONTACTS

VILISLAVA METODIEVA /Project Coordinator/
 Mobile: +359886969670
 e-mail: vilimetodieva22@abv.bg